Serenity Stables, from combat to calm is excited to announce that we have achieved our 501(c)(3) nonprofit status. This status enables us to serve and support the Veteran Community by offering horse-assisted activities and a safe space to heal.

Personal or business checks should be made payable to:
Serenity Stables, 660 Kings Highway East
Atlantic Highlands, NJ 07716

Online visit: www.serenitystablesfcc.org to make a credit card gift through a secure online feature.

Name: _____________________________
Address: __________________________
City: ______________________________
State/Zip: _________________________
Phone Number: ____________________
Email: ____________________________

Please enclose this form along with your donation and mail to the address above.

Contact me for sponsorship opportunities
Contact me to volunteer
Contact me if you have a veteran in need
An increasing number of returning warriors have both visible and invisible wounds of war. According to the Department of Veterans Affairs, up to 20 percent of veterans of the Iraq and Afghanistan wars suffer from Post-Traumatic Stress Disorder (PTSD). Statistics show that on a daily basis approximately 22 Veterans take their lives due to PTSD.

There is growing interest in the potential of equine therapy to improve the psychological health and quality of life of service members, veterans and their families worldwide.

Serenity Stables ... Combat to Calm is an equine therapy facility located in Middletown, NJ. Our approach is collaborative, joining the efforts of EGALA-certified horse professionals with board certified and licensed mental health professionals who work side-by-side with veterans and horses to address individualized treatment goals.

Horses are social and extremely sensitive by nature. They respond to nonverbal communication. When veterans have the opportunity to interact with horses, healing naturally occurs.

If you or anyone you know would like to experience the healing experience of our equine facility, contact us today.

Our mission is to provide equine therapy that supports psychological health and improved quality of life to service members, Veterans and their families.

Serenity Stables, from Combat to Calm, was founded in 2015 by Rene Stone who had a vision to provide horse-assisted activities to Veterans returning from deployment with physical, mental and emotional disabilities. Rene’s own family members served in the military, and she has owned and cared for horses for over 20 years. Rene discovered the benefits of equine therapy while recovering from her own experience with PTSD and traumatic brain injury.

Understanding the importance of collaborative treatment in the healing process, Rene reached out to the directors of the NJ Center for the Healing Arts to assist her. Assistant Director Kyra Becker, is a licensed and board certified clinical social worker, who has specialized training in trauma and who is also invested in equine therapy. Carol Veizer, Director, PhD(c), ACS, LPC, has over 30 years of experience in integrative mental healthcare and understands its applications to trauma.

To demonstrate its commitment to excellence, Serenity Stables, from Combat to Calm, offers professionals trained and certified through the Equine Assisted Growth and Learning Association (EAGALA) -- the leading international nonprofit association for professionals who integrate horses, mental health, and personal development. EAGALA's mission is that every person worldwide will have access to Equine Assisted Psychotherapy and Equine Assisted learning.

How You Can Help!

It’s truly heartwarming to see the positive impact that Serenity Stables, Combat to Calm, can have on a Veteran in need, and we’re proud to be able to harness the power of horses to bring well-being to those crucial members of our Military who experience PTSD, traumatic brain injuries, and other debilitating post-combat diagnoses. Running a program like ours is costly -- we rely on the generosity of individual donors, corporations, and foundations to subsidize the costs and care of our horses, our services, and our facility.

We thank you deeply for your generous donations. All donations are tax exempt to the fullest extent of the law.